

2026 Chisago Age Well Expo



We are pleased to announce the 2026 Chisago Age Well Expo, on Friday, October 16th from 9:00am to 1:00pm at the Chisago Lakes High School, Performing Arts Center (PAC).

Our annual Age Well Expo is a place for older adults to find resources and information on services and opportunities within Chisago County. We want older adults to see how enriching a life in Chisago County can be, whether they are retired, or not. With over 60 vendors and more than 300 attendees, this event has become an annual tradition for our community. Please consider becoming a vendor at this event. Registration is \$35 per table.

This year, our theme is **"It is Never Too Late to Learn Something New"**. Keynote Speaker is Jenni Thyng, musician, writer, and entertainer from "Joy in All Seasons". We will also be having a Medicare Seminar at the end of our event at 1pm. This year, we will also include "Mini-Sessions" that feature art, fitness, dancing, and learning the ukulele! Also new this year, our **concessions will be catered by Dinner Rebellion- Home Cooked Meals**.

We want to offer resources and education to our community to help our older community members live and age well in Chisago County. Organizations that offer activities and opportunities for physical, mental, and social health are especially encouraged to take part in this expo. Vendors are encouraged to register if they provide activities, entertainment, volunteer, or vocational opportunities for retired (or soon to be retired) community members. Clubs and organizations that provide recreational, intellectual, spiritual, or leisure activities for older adults are especially desired. **Vendors need to provide these services in Chisago County**. And of course, any vendor that provides health and wellness care in Chisago County is encouraged to join us at this event. Health Screenings are encouraged- let us know what you can provide!

*****To register for this event**, please go to the Chisago Lakes Community Education registration form: <https://bit.ly/AgeWellExpo2026>. You will need to fill out the required questions, and **pay directly on the website with a credit card**.

Please contact EmilyC@ChisagoAgeWell.org if you have any questions or concerns. Any vendors that do not meet the requirement of providing health services and opportunities for older adults in Chisago County will be denied and offered a refund.

Please pass this information along to any provider who may be interested in participating.

Volunteers Needed:

We do need volunteers for this event. When you register, you can indicate if you can help with set up the day before (Thurs Oct 16th 1pm-3pm) or the morning of (Friday Oct 17th 7:45am to 9am); or clean up after the event (Friday, Oct 17th 1pm-2pm). We also need help at the registration table on Friday, October 17th, either 9 to 11am or 11 to 1pm.

Exhibitors/Vendors:

Exhibitors/Vendors are business owners and professionals that provide information on health, lifestyle, and wellness services to aging adults in Chisago County. **There is to be NO SELLING of goods, materials, or services at this event.** Exhibitors/Vendors are encouraged to take visitor's names and phone numbers for follow up. Exhibitors/Vendors must provide: signage or banners for table, table cover and decorations, any required extension cord, laptop, AV equipment, etc. Exhibitors are encouraged to provide promotional "give-aways" (i.e. pen, key chains, pedometers, samples, etc.). Door Prizes will be registered and drawn by each Exhibitors/Vendors at their own discretion. Power will be available but outlets are limited (indicate needs on registration). Cost is \$35 per table. Exhibitors/Vendors will not be able to set up without payment.

Set Up/Take Down:

Exhibitors/Vendors may begin setting up their table at 8:00am on the day of the event. All Exhibitors/Vendors are expected to operate during the ENTIRE DURATION of the event. *****We ask that vendors do not take down their table before 1pm***.** Exhibitors/Vendors are also encouraged to attend the speaker presentation.

Event Location:

The Chisago Age Well Expo will be held at the Chisago Lakes High School Performing Arts Center (PAC). 29400 Olinda Tr, Lindstrom, MN. Located 1 mile South of Highway 8 in Lindstrom, on Olinda Trail. Turn right on 292nd street, parking in the High School Lot. Vehicles can be unloaded in front of the PAC.

Tentative Event Schedule:

8:00am Vendor Set up; 9:00am Event Starts

9:45 and 10:15am Mini-Sessions

10:30am Keynote Speaker

11:45 and 12:15 Mini-Sessions

1:00pm Vendor Take Down; and Medicare Presentation Begins

**We are excited to be hosting this event again this year. We cannot wait to see you!
Please reach out if you have any questions.**

-The Chisago Age Well Event Planning Committee