

Join Us for this **FREE** Event!

Dine & Discover

Hosted by **Chisago Age Well Coalition**

with the assistance of a Title III grant from the Central Minnesota Council on Aging as part of the Older Americans Act

'MyChart 101'

For older adults
and their caregivers

Presenter
Jack Castiglione
M Health Fairview



Learn to use MyChart confidently to make appointments, manage medications and more!

Tuesday, Aug. 12, 2025

If your health care provider offers MyChart but you've been hesitant to try it—or if you are a current MyChart user with questions — Presenter Jack Castiglione of M Health Fairview and qualified assistants will be ready to help you. New MyChart users will learn how to sign up and access their health information. Learn how to securely send messages, view tests, manage medications and schedule virtual visits. Those who want to share MyChart access with a trusted individual will learn how to do so. Caregivers are welcome!

Remember to bring your cell phone and know your MyChart password if you already have one. Laptops welcome.

(Check-in begins 30 minutes before each session.)

12 noon Zion Lutheran Church, 28005 Old Towne Rd., Chisago City

Light lunch served.

3:30 p.m. Chisago County Senior Center, 38790 Sixth Ave., North Branch

Afternoon appetizers served.

Registration requested by Friday, Aug. 8. Call 651-674-1025.

To register online, go to North Branch Community Education, choose Senior Offerings, and scroll to Dine & Discover - MyChart 101.

Questions contact: cawcadmin@chisagoagewell.org

